



Alternative therapies,

Which is right for you?

MLS vs Shockwave Therapy

**Prioritize Your Health,
Starting Today**

Call Lakes Foot and Ankle
Associates at **248-360-3888**
to schedule your
appointment

We pride ourselves on guiding patients to the best option that will help them heal faster, with less pain. This is why we offer two types of alternative therapies in our office. **MLS laser therapy, and Radial Shockwave Therapy (RSWT).**

We recommend laser therapy for patients who are dealing with an acute flare-up or a known condition driven by inflammation, because laser therapy helps to accelerate healing. RSWT therapy is normally our first choice if a patient's problem is considered chronic and their body no longer recognizes its injury. (RSWT treatments create controlled microtrauma in tissue to restart the healing process).

Our podiatrists may also recommend a combination of the two treatments depending on your specific needs.

Recommended Treatment Schedule

RSWT: 5 Treatments.

Treatments are performed once weekly and require no down time so that you can remain active while in treatment.

\$550

MLS Laser Therapy: **6 Treatments** unless a history of trouble healing is present. Treatments are performed two to three times a week.

\$450

Features	MLS Laser Therapy	Radial Shockwave Therapy
Mechanism of Action	Photobiomodulation (light energy)	Mechanotransduction (acoustic pressure waves)
Primary Effect	Cellular energy boost, reduced inflammation, pain relief	Controlled microtrauma, neovascularization, calcification breakdown
Sensation During Tx	Gentle, warm, often undetectable	Can be uncomfortable, often described as a pulsing or thumping
Conditions Treated	Wide range of acute and chronic pain, inflammation, nerve pain, post-surgical recovery	Chronic tendon issues, plantar fasciitis, calcifications, trigger points
Healing Focus	Natural cellular repair, anti-inflammatory	Stimulating a new inflammatory/healing response in chronic tissues

Happy Feet for the life you deserve!

☎ 248-360-3888

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